



## **STRD**

"DISCOVER YOURSELF" – checking the psycho – energetic condition of your organism based on the spine diagnostics.

The scanning thermoregulating diagnostics, in brief STRD, is a holistic, very innovative, yet non-invasive method of assessing your body's psycho – energetic condition, It combines the wisdom of the Far East medicine with the modern solutions offered by the western doctors. Thereby, any physical and psychological disturbances can be diagnosed at an early stage where the barely visible symptoms are usually ignored, which in turn leads to much more severe ailments later on.

STRD examines: the condition of your spine, influence of stress on your organism, metabolism (including the need for particular nutrients), energetic blockades having a negative impact on the chosen parts of your body.

The examination is made with the so called thermoscanner. By measuring the change in the human thermal field, we can check the temperature regulation of subsequent zones of the organism, which shows us the energetic condition of the examined person and helps to see the emotional and psychological disturbances in their body.

The obtained data provides a basis for an exact and detailed analysis of the body's holistic and objective energetic condition and thereby allows for assessing the physical and emotional state. Thanks to the STRD results, we can easily select both therapeutic treatments, physical exercises and dietary recommendations (vitamins, herbs, products) for the given patient, having the course of therapy under constant control.

## **Advantages of STRD**

The STRD diagnostics concentrates on the spine which is often referred to as the tree of life. A healthy spine allows the nervous system to function properly, which in turn results in a high-value and enjoyable life.

A great majority of spine ailments is not caused by mechanical damages but chronic stress experienced on various stages of the human existence – mental, emotional or physical one too. That is why, the source of symptoms should not be searched for only there where they are generated. The STRD helps us to find the right cause of the ailment in no time. Since if you know your spine better, you understand yourself to a much fuller extent as well.

## **Advantages of the examination:**

quick and unambiguous determination of energy blockades,

rating the return to the energy balance,  
quick assessing the effectiveness and thereby proper choice of relaxation procedures,  
supplementation and diet,  
determining the impact of the psychosomatic aspect on the course of the rehabilitation process,  
determination of the psychoemotional type and its impact on the rehabilitation process,  
measurement speed and the possibility of multiple scans.