



HYDROTHERAPY

For ages, water has been known as an extremely powerful tool, used successfully in the therapy of tensed muscles, aching nerves as well as any pain ailments in the organism. Such a favourable environment suits both the holistic and topical treatments and therefore, offers a whole range of procedures to choose from. Our SPA conducts both whole body treatments, to put it more precisely, specially arranged underwater massages performed either manually, by a masseur, or automatically, and topical whirlpool baths of your legs and arms.

The therapeutic mud can be used for as compresses or whole body baths. It's a highly effective medicament, safe for our skin. If heated up to 40° C, it penetrates deep into skin, which allows for a better absorption of the nutrients contained in this precious and fully natural cosmetic. Indications for the treatment are: dysfunctions of the locomotor system, degenerative joint disease, spinal pains, tensed muscles, stress and women's ailments.